

# University of Rajasthan Jaipur

## SYLLABUS

(Three/Four Year Under Graduate Programme)

**B.A./ B.Sc. – Psychology**

**I & II Semester**

**Examination-2023-24**


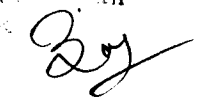
As per NEP - 2020

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# Department of Psychology, University of Rajasthan, Jaipur

## SEMESTER-WISE PAPER TITLES WITH DETAILS

BA (Psychology) (UG 9109)/B Sc (Psychology) (UG 0811)									
#	Level	Semester	Type	Title	Credits				Contact Hrs/Week
					L	T	P	Total	
1	5	I	MJR	PSY-51T-101- Introduction to Psychology	4	0	0	4	4
2	5	I	MJR	PSY-51P-102-Psychology Lab-I	0	0	2	2	4
3	5	I	MJR	PSY-51T-103- Introduction to Social Psychology	4	0	0	4	4
4	5	I	MJR	PSY-51P-104 Psychology Lab-II	0	0	2	2	4
5	5	II	MJR	PSY-52T-105-Basic Psychological Processes	4	0	0	4	4
6	5	II	MJR	PSY-52P-106-Psychology Lab-III	0	0	2	2	4
7	5	II	MJR	PSY-52T-107-Basics of Abnormal Psychology	4	0	0	4	4
8	5	II	MJR	PSY-52P-108-Psychology Lab-IV	0	0	2	2	4

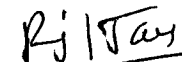

  
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## Psychology

(2023-24)

PSY-51T -101- Introduction to Psychology : 3 Hrs duration 20+80 Marks 8+32 Marks  
 PSY-51P -102- Psychology Lab – I : 4 Hrs duration 10+40 Marks 4+16 Marks

Code of Course	Title of the Course	Level of the Course	Credits of the Course
PSY-51T-101	Introduction to Psychology	5	4
Types of the Course		Delivery Type of the Course	
Major		Lecture, 60 Lectures including diagnostic and formative assessments during lecture hours.	
Prerequisites	Central Board of Secondary Education or Equivalent		
Objectives of the Course	<ol style="list-style-type: none"> <li>1. Students will be able to understand the meaning, goals, history and different methods of psychology.</li> <li>2. Students will get information about neurons. They should also explore the structure and functions of central nervous and peripheral nervous system.</li> <li>3. Students will gain an understanding of the meaning nature and principles of attention, sensation and perception.</li> <li>4. Students will learn about the definition, types, theories and assessment methods of personality.</li> </ol>		

  
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# Syllabus

PSY-51T -101- Introduction to Psychology

3 Hrs duration

Max. Marks: 20+80 Marks

Min. Marks: 8+32 Marks

## Introduction to Psychology

### Unit – I

**Introduction:** Definition and Goals of Psychology; History – Structuralism, Functionalism, Behaviorism, Gestalt and Psychoanalysis; Modern Perspectives- Biological, Psychodynamic, Behavioral, Cognitive, Humanistic, Evolutionary and Socio – cultural; Methods- Observation, Case Study, Surveys and Experimental.

### Unit – II

**Biological Basis of Behaviour:** The Nervous System-Structure and Functions of Neuron. Structure and Functions of Central Nervous System and Peripheral Nervous System.

### Unit – III

**Attention, Sensation and Perception:** Attention-Meaning and Nature. Sensation – Meaning, Sensory Receptors, Sensory Thresholds, Habituation and Sensory Adaption. Perception – Meaning, Constancies – Size, Shape and Brightness, Gestalt Principles, Factors Influencing Perception.

### Unit – IV

**Personality:** Definition; Type Theories and Trait Theories – Allport, Cattell, McCrae and Costa; Personality Assessment – Self report Inventories, Projective Tests and Behavioral Assessments.

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*By*

- Morgan, C.T., King, R.A., & Schopler, J. (2004). *Introduction to Psychology*. New Delhi: Tata McGraw Hill
- Kalat, J.W. (2016). *Understanding Psychology*. New York: Cengage Learning
- Baron, R.A. & Misra, G. (2015) *Psychology*. New Delhi: Pearson Education India.
- Ciccarelli, S.K., White, J.N. & Misra, G. (2017) *Psychology*. New Delhi: Pearson Education India.
- सिंह, अरुण कुमार (2017), आधुनिक सामान्य मनोविज्ञान, नई दिल्ली : मोतीलाल बनारसीदास।

### Course Learning Outcomes

By the end of the course, students should be able to:

1. Develop an understanding of the epistemology of psychology
2. Analyze and appreciate psychology as a science and its biological basis.
3. Apply the principles of major concepts of Psychology, such as perception.
4. Develop an understanding to study different methods to study personality.

### PSY-51P -102- Psychology Lab – I

4 Hrs duration

Max. Marks: 10+40 Marks

Min. Marks: 4+16 Marks

Code of Course	Title of the Course	Level of the Course	Credits of the Course
PSY-51P-102	Psychology Lab-I	5	2
Types of the Course		Delivery Type of the Course	
Major		60 contact hrs - Laboratory experiments, testing and field study-including diagnostic and formative assessments during lecture hours.	

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2. Personality Assessment through HSPQ
3. Eysenck Personality Questionnaire-Revised
4. Figure-Ground Reversal Experiment
5. Span of Attention Experiment
6. Sentence Completion Test
7. Reaction Time Experiment
8. Observation Method

PSY-51T -103- Introduction to Social Psychology:      3 Hrs duration      20+80 Marks    8+32 Marks

PSY-51P -104- Psychology Lab – II:      4 Hrs duration      10+40 Marks    4+16 Marks

Code of Course	Title of the Course	Level of the Course	Credits of the Course
PSY-51T-103	Introduction to Social Psychology	5	4
Types of the Course		Delivery Type of the Course	
Major		60 Lectures including diagnostic and formative assessments during lecture hours.	
Prerequisites	Central Board of Secondary Education or Equivalent		
Objectives of the Course	<ol style="list-style-type: none"> <li>1. Students will be introduced to the nature, scope, goals and different methods of social psychology. They should also grasp the meaning and nature of person perception.</li> <li>2. Students will gain an understanding of the nature, functions, formation, changes and measurement of attitudes. They should also explore the nature and origin of prejudice and discrimination.</li> <li>3. Students will learn about the theories, determinants, prevention and control of aggressive behavior. They should also understand the meaning, nature and types of social problems.</li> <li>4. Students will be introduced to the meaning, nature, types and barriers of communication. They should learn about the concept of interpersonal attraction.</li> </ol>		

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**Unit – I**

**Introduction:** Meaning, Nature, Scope and Goals of Social Psychology. Methods of Social Psychology: Experimental and Non Experimental Methods. Person Perception: Meaning and Nature, Role of Non – Verbal Cues; Perceivers, Characteristics and Role of Ongoing Interaction.

**Unit – II**

**Attitudes, Prejudice and Discrimination:** Nature, Functions, Formation, Change and Measurement. Prejudice and Discrimination: Nature and Origin: Reduction of Prejudice and Discrimination.

**Unit – III**

**Aggression and Social Problems:** Aggression – Theories, Determinants, Prevention and Control; Social Problems – Meaning and Nature; Types of Social Problems- Poverty, Deprivation, Population Explosion, Economic Development; Solutions to Social Problems.

**Unit – IV**

**Communication and Interpersonal Attraction:** Meaning, Nature and Types: Verbal and Non Verbal: Barriers of Communication. Interpersonal Attraction: Proximity and Affective basis, Acquaintance and Need to Affiliate: Effects of Observable Characteristics, Similarity and Mutual liking.

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### Books Recommended:

- Baron, R.A., Branscombe, N.R., Byrne, D. & Bhardwaj, G. (2012). *Fundamental of Social Psychology*, Noida: Dorling Kindersley South Asia.
- Branscombe, N.R. & Baron, R.A. (2018) *Social Psychology*. Noida: Pearson India Education
- Myers, D.G. (1994). *Exploring Social Psychology*. New York: McGraw Hill.
- सिंह, अरुणकुमार (2002), समाजमनोविज्ञान की रूपरेखा, नई दिल्ली : मोतीलालबनारसीदास।

### Course Learning Outcomes

By the end of the course, students will be able to:

1. Apply the principles of Social Psychology
2. Analyze the understanding of Attitude
3. Critical understanding of the methods to reduce Prejudice and Discrimination
4. Develop an understanding and necessity of peaceful society
5. To learn about the importance of Communication
6. To describe the development of Social Psychology with reference to India

### PSY-51P -104- Psychology Lab – II

4 Hrs duration

Max. Marks: 10+40 Marks

Min. Marks: 4+16 Marks

Code of Course	Title of the Course	Level of the Course	Credits of the Course
PSY-51P-104	Psychology Lab-II	5	2
Types of the Course		Delivery Type of the Course	
Major		60 contact hrs - Laboratory experiments, testing and field study-including diagnostic and formative assessments during lecture hours.	

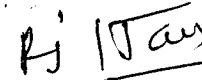
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1. Measurement of Attitude
2. Measurement of Aggression
3. Measurement of Leadership
4. Measurement of Social Support
5. Measurement of Altruism
6. Social Distance Scale
7. Mullar Lyer Illusion
8. Survey Method

PSY-52T -105- Basic Psychological Processes : 3 Hrs duration 20+80 Marks 8+32 Marks  
 PSY-52P -106- Psychology Lab – III : 4 Hrs duration 10+40 Marks 4+16 Marks

Code of Course	Title of the Course	Level of the Course	Credits of the Course
PSY-52T-105	Basic Psychological Processes	5	4
Type of the Course		Delivery Type of the Course	
Major		Lecture, 60 Lectures including diagnostic and formative assessments during lecture hours.	
Prerequisites	BA Psychology (UG 9109) / B Sc Psychology (UG 0811) Semester- I		
Objectives of the Course	<ol style="list-style-type: none"> <li>1. Students will be able to understand the nature and different theories of learning. They should explore the meaning, models and types of memory.</li> <li>2. Students will learn about the meaning, nature, types and theories of motivation and emotion.</li> <li>3. Students will get information about thinking and problem solving behavior.</li> <li>4. Students will be able to understand the meaning, nature and assessment methods of intelligence.</li> </ol>		

  
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PSY-52T -105- Basic Psychological Processes

3 Hrs duration

Max. Marks: 20+80 Marks

Min. Marks: 8+32 Marks

## Basic Psychological Processes

### Unit – I

**Learning and Memory:** Definition and Theories – Classical Conditioning, Operant Conditioning, Cognitive Learning, Observational Learning. **Memory:** Definition; Encoding, Storage and Retrieval Processes; Models – Level of Processing, Parallel Distributed Processing and Information Processing – Sensory, Short Term and Long Term Memory; Forgetting – Nature and Causes.

### Unit-II

**Motivation and Emotion:** Motivation – Meaning and Approaches – Instinct, Drive – Reduction, Arousal, Incentive and Humanistic. **Emotion- Elements:** Physiology, Expression and Subjective Experience; Theories – Cannon Bard, James Lange, Schachter – Singer, Opponent- Process.

### Unit – III

**Cognition:** Thinking – Mental Imagery and Concepts; Problem Solving – Trial and Error, Algorithms, Heuristics, Insight; Barriers to Problem Solving.

### Unit-IV

**Intelligence:** Definition and Theories – Spearman, Guilford, Cattell, Sternberg, Gardner; Meaning of IQ; Intelligence Tests.

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- Kalat, J.W. (2016). *Understanding Psychology*. New York: Cengage Learning
- Baron, R.A. & Misra, G. (2015) *Psychology*. New Delhi: Pearson Education India.
- Ciccarelli, S.K., White, J.N. & Misra, G. (2017) *Psychology*. New Delhi: Pearson Education India.
- सिंह, अरुणकुमार (2017), आधुनिक सामान्य मनोविज्ञान, नई दिल्ली : मोतीलाल बनारसीदास।

**Course Learning Outcomes**

By the end of the course, students will be able to:

1. Analyze and understand the concept of Cognition and Intelligence
2. Critically analyse the understanding of the relationship between stimulus and response base for behaviour
3. Develop and understanding to know about Emotion, and Motivation
4. To anticipate the concept and understanding of intelligence and its measurement.

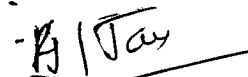
**PSY-52P -106- Psychology Lab – III**

4 Hrs duration

Max. Marks: 10+40 Marks

Min. Marks: 4+16 Marks

Code of Course	Title of the Course	Level of the Course	Credits of the Course
PSY-52P-106	Psychology Lab-III	5	2
Types of the Course		Delivery Type of the Course	
Major		60 contact hrs Laboratory experiments, testing and field study-including diagnostic and formative assessments during lecture hours.	

  
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2. Experiment of Memory (Meaningful and Non Sense Syllables through Memory Drum)
3. Measurement of Intelligence –SPM
4. Measurement of Emotions by Facial Expression
5. Neuropsychological Assessment
6. Performance Test of Intelligence (Bhatia Battery)
7. Level of Aspiration
8. Interview Method

PSY-52T -107- Basics of Abnormal Psychology  
 PSY-52P -108- Psychology Lab – IV

: 3 Hrs duration  
 : 4 Hrs duration

20+80 Marks 8+32 Marks  
 10+40 Marks 4+16 Marks

Code of Course	Title of the Course	Level of the Course	Credits of the Course
PSY-52T-107	Basics of Abnormal Psychology	5	4
Types of the Course		Delivery Type of the Course	
Major		60 Lectures including diagnostic and formative assessments during lecture hours.	
Prerequisites	Central Board of Secondary Education or Equivalent		
Objectives of the Course	<ol style="list-style-type: none"> <li>1. Students will be able to understand the indicators of abnormality. They should grasp the concept of classification systems. Students will get information about Mental Health Professionals</li> <li>2. Students will learn about the risk factors and causes of abnormal behavior. Students should gain an understanding of the Diathesis-stress models. They should explore different perspectives of abnormality</li> <li>3. Students will be able to understand the concept of anxiety, obsession compulsion and trauma and stress related disorders. Students will get information about types, clinical picture and causal factors.</li> <li>4. Students will gain an understanding of the types, clinical picture and causal factors of mood disorders and suicide.</li> </ol>		

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## Basics of Abnormal Psychology

### Unit – I

**Mental Disorder:** Definition, Indicators of Abnormality, DSM – 5 and ICD- 10 Classification Systems, Mental Health Professionals.

### Unit – II

**Causal Factors and Viewpoints:** Risk Factors and Causes; Necessary, Sufficient and Contributory causes; Diathesis – Stress Models, Biological, Psychological and Social Perspectives.

### Unit – III

**Anxiety, Obsession Compulsion and Trauma and Stress or Related Disorders:** Types, Clinical Picture and Causal Factors.

**Mood Disorders and Suicide:** Types, Clinical Picture and Causal Factors.

### Unit – IV

**Somatic Symptoms and Dissociative Disorders:** Types, Clinical Picture and Causal Factors.

**Schizophrenia and other Psychotic Disorders:** Types, Clinical picture and Causal Factors.

#### Books Recommended:

- Butcher, J.N., Hooley, J.M. & Mineka, S. (2017). *Abnormal Psychology*, Noida: Pearson India Education.
- Oltmanns, T.F. & R.E. (2017). *Abnormal Psychology*, Noida: Pearson India Education.
- [flag] v:.kdqekj (2017)] vlkekU; euksfoKku] ubZfnYyh % eksrhykycukjlhnlAa
- Ray, W.J. (2015). *Abnormal Psychology*. New Delhi: Sage.

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## Course Learning Outcomes

By the end of the course, students should be able to:

1. Develop an understanding of the meaning and nature of Psychological Disorders
2. Understanding the classification systems of Mental Disorders
3. Analyze and understand the clinical picture, causal factors and treatment of various Psychological Disorders

### PSY-52P -108- Psychology Lab – IV

4 Hrs duration

Max. Marks: 10+40 Marks

Min. Marks: 4+16 Marks

Code of Course	Title of the Course	Level of the Course	Credits of the Course
PSY-52P-108	Psychology Lab-IV	5	2
Types of the Course		Delivery Type of the Course	
Major		60 contact hrs - Laboratory experiments, testing and field study-including diagnostic and formative assessments during lecture hours.	

1. Assessment of Mental Health
2. Assessment of State and Trait Anxiety
3. Measurement of Stress
4. Measurement of Coping – Styles
5. Eight – State Questionnaire
6. Measurement of Depression
7. Suicide Ideation Scale
8. Mental Status Examination

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